



# American Indian, Alaska Native, and Native Hawaiian Program

## BACKGROUND

2008 marked the 30th anniversary of the American Indian, Alaska Native, and Native Hawaiian Program. Under Title VI of the Older Americans Act, AoA awards grants directly to Tribes, Tribal organizations, and Native organizations for a wide range of home- and community-based supportive services that have enabled older adults to remain active in their communities. Grants are provided to promote the delivery of home and community-based supportive services, including nutrition and transportation services. These programs are responsive to the cultural diversity of Native American communities and represent an important part of the communities' comprehensive services.

Most sites provide hot congregate meals four to five times a week. Home-delivered meals are available for elders who are in poorer health, are more functionally impaired, are more apt to be homebound and in need of transportation services, or in need of in-home supportive services.

Additionally, Title VI programs are important sources for social interaction and supportive services. Many programs provide traditional craft activities and health promotion activities, including aerobic exercise classes, fitness walking, and line dancing.

In 2000, as part of an Amendment to the Older Americans Act, Congress established the Native American Caregiver Support Program to assist caregivers of Native American elders who are chronically ill or have disabilities.

## NATIONAL RESOURCE CENTERS

The AoA currently funds three Native American Resource Centers (Centers). The primary goal of the Centers is to enhance knowledge about older Native Americans and thereby increase and improve the delivery of services to them. Each Center addresses at least two areas of primary concern which include: health issues, long term care (including in-home care), elder abuse, mental health, and other problems and issues facing Native communities.

Since 1994, AoA has funded the National Resource Center on Native American Aging at the University of North Dakota. This Center helps identify patterns of access and barriers limiting access to home and community based services through evidence based research and interactions with Tribal leaders, program directors, elders, and experts in Native American health as well as assisting Tribes in conducting needs assessments for program development. More information about the Center is available on the Web at: <http://ruralhealth.und.edu/projects/nrcnaa/>.

Since 2003, AoA has funded the National Resource Center on American Indian, Alaska Native and Native Hawaiian Elders at the University of Alaska – Anchorage. This Center focuses on issues affecting Native Alaska elders, particularly in the areas of elder abuse and health care needs. They also collaborate with the Joint Alaska Native Elders Health Advisory Committee on projects related to culturally appropriate services for Native Alaska elders. More information about the Center is available on the Web at: <http://elders.uaa.alaska.edu/>.



FOR MORE INFORMATION ABOUT AOA

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# FACTS

The third Center has been funded since 2006. The Ha Kupuna Center for Native Hawaiian Elders is located at the University of Hawaii. This Center focuses on Native Hawaiian elders and is partnering with the State of Hawaii Executive Office on Aging, the two Native Hawaiian Title VI programs, and the Native Hawaiian Health Care System on all islands to better assist their communities to develop programs to meet the needs of Native Hawaiian elders. More information about this Center is available on the Web at: <http://manoa.hawaii.edu/hakupuna/>.

## ADDITIONAL INFORMATION

For more information on Title VI programs, please visit [http://www.aoa.gov/AoARoot/AoA\\_Programs/HCLTC/Native\\_Americans/index.aspx](http://www.aoa.gov/AoARoot/AoA_Programs/HCLTC/Native_Americans/index.aspx).



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