



Department of Health & Human Services

# ACL News & Info

Administration for Community Living

*For seniors and people with disabilities*

**Monday, December 17, 2012**

***Have a safe and joyful holiday season; you will receive your next ACL News & Info on January 7, 2013***

**2013 Older Americans Month Theme: *Unleash the Power of Age***

## **In This Issue:**

**[Conference Call on Evidence-based Alzheimer Interventions: New Resource Available](#)**

**[HHS Approves First Health Insurance Exchanges](#)**

**[New HHS Tools to Help Providers Protect Patient Data in Mobile Devices](#)**

**[Healthfinder.gov Mobile App Challenge](#)**

## **Funding Opportunity**

**[Paralyzed Veterans of America Education Foundation Invites Proposals for Innovative Educational Projects](#)**

## **Stay Informed**

**[CDC Webcast on “Where in Health Is Disability?”](#)**

**[Go Direct Webcast](#)**

**[NCOA Webinar on \*Looking Back, Looking Ahead: Trends Affecting Your Clients with Medicare\*](#)**

**[Webinar Reminder](#)**

## **Tools & Information**

[60 Over 60: A Call for Nominations](#)

[America's Health Rankings®-2012 Edition](#)

[Reminder: National Study of Long-Term Care Providers \(NSLTCP\)](#)

---

[Share this on Facebook](#)

[Tweet this to a friend](#)

[Email this to a friend](#)

---

### **Conference Call on Evidence-based Alzheimer Interventions: New Resource Available**

The Alliance for Aging Research, in partnership with the Administration on Aging and with support of the MetLife Foundation, announces the release of a new white paper, *Translating Innovation to Impact*. The paper outlines research into evidence-based interventions to help people with Alzheimer's remain healthy and independent in the community while reducing the stress on their caregivers. Findings and recommendations from a review of the state of the art of non-pharmacological treatments and care practices for people with Alzheimer's or other dementias and their family caregivers are presented.

Join us on January 10 for a lively discussion with the paper's author, Katie Maslow, MSW, Scholar-in-Residence at the Institute of Medicine.

Presented by the Administration for Community Living, this conference call is part of the Alzheimer's Disease Supportive Services Program (ADSSP) Technical Assistance Call Series. The purpose of these calls is to provide helpful, current, and applicable information for professionals who work with people with dementia and/or their caregivers.

Participants will learn about:

- Current state of evidence-based research for people with Alzheimer's disease and other dementias and their caregivers
- Current state of translation of interventions for people with Alzheimer's disease and other dementias and their caregivers

- Recommendations for future work to support the needs of people with Alzheimer's disease and other dementias and their caregivers

Topic: *Translation of evidence-based interventions for people with Alzheimer's disease and other dementias and their caregivers*

Date: Thursday, January 10, 2013

Time: 3:00 p.m. – 4:15 p.m. Eastern

[Register](#). Note: Space is limited.

This call will also be recorded and posted under the Resources and Useful Links section in the [ACL Administration on Aging Alzheimer's Disease Supportive Services Program webpage](#).

[Back to the top](#)

### **HHS Approves First Health Insurance Exchanges**

*Six states included in the group*

In her December 10<sup>th</sup> [Health Care blog](#), Secretary of Health and Human Services (HHS) Kathleen Sebelius announced that six states who applied early have made enough progress setting up their own Health Insurance Exchanges that HHS has conditionally approved their plans—meaning they are on track to meet all Exchange deadlines. These early applicants, early approval states include: [Colorado](#), [Connecticut](#), [Massachusetts](#), [Maryland](#), [Oregon](#), and [Washington](#).

The approval for these six states ensures that starting in October 2013, consumers can begin filling out applications for private health insurance in affordable, quality plans as outlined in the 2010 Affordable Care Act.

[Back to the top](#)

### **New HHS Tools to Help Providers Protect Patient Data in Mobile Devices**

Launched by the US Department of Health and Human Services (HHS) last week, a new education initiative and set of online tools provide health care providers and organizations practical tips on ways to protect their patients' protected health information when using mobile devices such as laptops, tablets, and smartphones.

The initiative is called [Mobile Devices: Know the RISKS. Take the STEPS. PROTECT and SECURE Health Information](#). It offers educational resources such as videos, easy-to-download fact sheets, and posters to promote best ways to safeguard patient health information.

[Back to the top](#)

### **Healthfinder.gov Mobile App Challenge**

*Challenge to developers to design a mobile application to help people "Live Well. Learn How."*

The US Department of Health and Human Services' (HHS) Office of Disease Prevention and Health Promotion, with the Robert Wood Johnson Foundation as an advisor, is challenging teams of developers and health professionals/health consumers to co-design a mobile app that can be used to access customized decision support for preventive services and wellness information from healthfinder.gov.

The mobile app should include a "Quick Guide to Healthy Living Topics" and information about preventive services covered under the Affordable Care Act. [Click here](#) for more information about the challenge, including prize money and the deadline.

[Back to the top](#)

### **Funding Opportunity**

---

#### **Paralyzed Veterans of America Education Foundation Invites Proposals for Innovative Educational Projects**

The [Paralyzed Veterans of America Education Foundation](#), a grantmaking organization of [Paralyzed Veterans of America](#), seeks to fund innovative educational projects that enhance the quality of life of individuals with spinal cord injury or disease (SCI/D) and/or that increase the knowledge and effectiveness of health professionals in the SCI/D community.

The foundation generally supports five types of projects:

- Consumer, caregiver, and community education demonstration projects that seek to improve the health, independence, and quality of life of individuals with spinal cord injury or disease;
- Professional development and education programs that improve the knowledge and competencies of professionals providing health care and related services to the SCI/D community, or fellowship/traineeship programs for professionals providing health care and related services to the SCI/D community;
- Research utilization and dissemination projects that translate research findings into practice;

- Assistive technology demonstration projects that improve the identification, selection, and use of assistive devices by people with SCI/D; and
- Conferences and symposia designed to provide education and opportunities for collaboration among members of the SCI/D community.

Proposals submitted for consideration of funding should be designed to educate, serve and benefit entire communities of individuals with spinal cord injury or diseases of the spinal cord rather than just individual project participants. A description of the potential for replication of proposed projects and dissemination plans are key elements of funding proposals.

The foundation provides grants of up to \$50,000 per year for one- or two-year projects. The application deadline is February 1, 2013.

[Link to Complete RFP](#)

[Back to the top](#)

**Stay Informed**

---

### ***This Week's Quick Facts***

In 2009, approximately 4 percent of people age 65 and over lived in long-term care facilities and 3 percent lived in community housing that offered services such as meal preparation, cleaning services, help with medications, etc. Among people 85 and older, 14 percent lived in long-term care facilities and 8 percent lived in community housing with services.

In 2010, 11 percent of people aged 15 to 64 with severe disabilities experienced persistent poverty (continuous poverty over a 24-month period) compared with adults with non-severe disabilities (5 percent) and those with no disability (4 percent).

### **CDC Webcast on “Where in Health Is Disability?”**

The Centers for Disease Control and Prevention’s (CDC) December session of its Public Health Grand Rounds will explore opportunities for optimal quality of life for individuals with disabilities.

One in 6 adult Americans lives with a disability when defined by a limitation in function. Many are at higher risk for multiple chronic conditions, injuries and

increased vulnerability during disasters. Comparatively, people with disabilities are 4 times more likely to report their health to be fair/poor and 2.5 times more likely to have unmet health care needs than non-disabled peers. \$400 billion is spent annually on disability-related health expenditures. Public health can help change this by promoting wellness and preventing disease in people with disabilities. CDC's approach for a population who experiences diverse functional limitations is to assure that mainstream public health surveys, programs, and policies include people with disabilities across the lifespan, a method that can be modeled by state and federal programs.

The CDC invites you to participate in this Grand Rounds session in which it will examine public health opportunities for disease prevention, intervention and improvement to enable people to live well with functional limitations. The discussion will also highlight accomplishments of partners and public health agencies in creating and modifying health programs to accommodate people with disabilities.

Date: Tuesday, December 18, 2012  
Time: 1:00 p.m. EST

[Email](#) your questions about this topic before or during the session. Follow CDC Public Health Grand Rounds on Twitter #cdcgrandrounds

[Learn more about this session.](#)

*For non-CDC staff or those outside of the CDC firewall:*

A [live external webcast](#) will be available. Presentations are archived and posted 48 hours after each session. Due to security measures at CDC's Roybal campus, non-CDC staff who wish to attend these sessions in person must have prior clearance and a US state-issued photo ID (e.g., driver's license, US passport).

Names of non-CDC staff (both domestic and international) should be submitted to the [Grand Rounds Team](#). Please note that all information for international visitors must be submitted at least 10 days in advance.

Learn more about continuing education on the [Grand Rounds](#) website.

[Back to the top](#)

## **Go Direct Webcast**

Sign up today to hear from Go Direct Campaign Director Walt Henderson on a special partners-only webcast. The webcast is designed to help you plan for the final months before the deadline and ensure you have the information you

need. The webcast is scheduled to last less than 45 minutes, including a Q&A session.

Hear more about:

- Recent Treasury Department research
- What you can do now to help the people you serve switch to electronic payments
- What will happen after the March 1, 2013, deadline

Date: Wednesday, December 19, 2012

Time: 2:00 p.m. ET

[Register.](#)

[Back to the top](#)

### ***NCOA Webinar on Looking Back, Looking Ahead: Trends Affecting Your Clients with Medicare***

Join National Council on Aging staff as they review some of the key opportunities and challenges that arose this year, and how they affect your clients with Medicare in 2013.

Agenda:

- How the Affordable Care Act implementation will continue to affect your clients in the coming year.
- The progress of demonstration grants to better coordinate care for those dually eligible for Medicare and Medicaid.
- Key pieces of legislation forthcoming in Congress, including the Farm Bill and so-called fiscal cliff.

Date: Wednesday, December 19, 2012

Time: 03:00 p.m. - 04:00 p.m.

[Register](#)

A recording of this webinar will be available after the event.

[Back to the top](#)

### **Webinar Reminder**

*Partnership Center Webinars on the Health Care law and Civil Rights*

The Department of Health and Human Services (HHS) Center for Faith-Based and Neighborhood continues to host a series of webinars for faith and community leaders. All webinars are open to the public and include a question and answer session where you can ask HHS staff any questions you may have. Questions may be submitted prior to the webinar to [ACA101@hhs.gov](mailto:ACA101@hhs.gov)

The next session is:

[The Health Care Law 101 \(in Spanish\)](#)

December 18<sup>th</sup> at 2:00 p.m. ET

A presentation on the main provisions in the Affordable Care Act, the health care law, and how to access care in your community.

Please contact us at [ACA101@hhs.gov](mailto:ACA101@hhs.gov) if you have registration problems.

All of the webinars are closed to the press.

[Back to the top](#)

*Setting up and Operating a Voucher Transportation System*

Would you like to learn the nuts and bolts of developing and operating a transportation voucher system? If yes, plan to participate in this webinar sponsored by the University of Montana's Research and Training Center on Disability in Rural Communities.

Transportation is one of the most significant problems for people with disabilities who live in rural areas. While there are several models for providing transportation to rural residents, this session will describe a voucher model. Following the presentation portion of the webinar you will have the opportunity to ask questions and share practical information.

Date: Tuesday 18 December 2012

Time: 1:00 p.m. – 2:00 p.m. Eastern Time

[Register.](#)

[Learn more about this event.](#)

[Back to the top](#)

**Tools & Information**

---

**60 Over 60: A Call for Nominations**

*Nominate an inspiring older person for the 60 over 60 list*

To complement the recently release of a new report, [Ageing in the 21<sup>st</sup> Century: A Celebration and a Challenge](#), the United Nations Population Fund (UNFPA) and [HelpAge International](#) are creating a list of 60 inspiring and influential older people over 60, and your help is needed.

You can nominate yourself, or an older person you admire. They are looking for a diverse group representing many nationalities and ages. There are three ways you can nominate your inspiring older person for the 60 over 60 list:

- Submit a photo and short story below, telling us in 150 words or less about the nominee's accomplishments and qualities.
- Post an image to the UNFPA or HelpAge's Facebook wall with a short text of 100 words or less.
- Share a tweet of 140 characters or less, using the #60over60 hashtag

Nominations will close on 31 December 2012.

[Learn more and submit your nomination.](#)

[Back to the top](#)

### ***America's Health Rankings®–2012 Edition***

*America's Health Rankings®–2012 Edition* is now available online. The report looks at four groups of health determinants: [Behaviors](#), [Community and environment](#), [Policy](#), and [Clinical care](#). The report is often used by medical professionals, public health officials, decision makers, advocates, academicians, and many others to guide health-related conversations and policy.

[Click here](#) to learn more about the report or to customize the report to access information that is most important to you.

[Back to the top](#)

### **Reminder: National Study of Long-Term Care Providers (NSLTCP)**

The National Center for Health Statistics (NCHS) launched its new initiative, the National Study of Long-Term Care Providers (NSLTCP), in September. Directors of adult day services centers (ADSCs) and residential care communities (RCCs) are being asked to provide information about their centers and participants (for ADSCs) and their communities and residents (for RCCs) through a user-friendly questionnaire.

By law, all data collected and released will be kept in strict confidence and used only for statistical purposes and no individual provider, staff or

participant/resident can be identified. If you are a long-term care provider or director of an adult day center, we ask for your participation if contacted. Results are expected to be released late 2013.

[Learn more about NSLTCP.](#)

[Back to the top](#)

*ACL News and Info* is an electronic newsletter distributed by the ACL Office of External Affairs. Its contents are for informational purposes. [For information on ACL.](#) You can also contact us at 202-619-0724 (phone); 202-357-3555 (fax) or by Email at [ACLinfo@acl.hhs.gov](mailto:ACLinfo@acl.hhs.gov)

Use of trade names and commercial sources is for identification only and does not imply endorsement by ACL. References to non-ACL sites on the Internet are provided as a service to *ACL News and Info* readers and do not constitute or imply endorsement of these organizations or their programs by ACL or the U.S. Department of Health and Human Services. ACL is not responsible for the content of pages found at these sites. URL addresses listed in *ACL News and Info* were current as of the date of publication.