

# 10 Warning Signs of Alzheimer's Disease

- 1 Recent memory loss that affects job skills
- 2 Difficulty performing familiar tasks
- 3 Problems with language
- 4 Disorientation of time and place
- 5 Poor or decreased judgment
- 6 Problems with abstract thinking
- 7 Misplacing things
- 8 Changes in mood or behavior
- 9 Changes in personality
- 10 Loss of initiative

## Asian American Dementia Care Network

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alzheimer's  association

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The Asian American Dementia Care Network supports families who are caring for a family member with Alzheimer's disease or related dementias in the Asian community of the Greater San Francisco Bay Area. The goal of this program is to provide bilingual, bicultural social and support services for the Chinese and Vietnamese communities. This program is funded by Administration on Aging, U.S. Department of Health and Human Services. It is operated in collaboration with the Alzheimer's Association, John XXIII Multi-Service Center and Self-Help for the Elderly.

## The program offers:

- 1) Information and referral
- 2) Access to diagnostic services
- 3) Support groups
- 4) Respite Program
- 5) Safe Return
- 6) Care management
- 7) Education and literature

## Who is eligible?

- 1) Person must be a family member or non-paid caregiver to a person with memory loss.
- 2) The project is contracted to serve the following:
  - ★ Chinese caregivers who reside in San Francisco County.
  - ★ Vietnamese caregivers who reside in Santa Clara County.
- 3) Person must have or obtain a diagnosis of dementia within 60 days of initial assessment.



## For further information:

Alzheimer's Association  
Northern California-Northern Nevada  
(650) 962-8111  
(800) 272-3900  
[www.alzncal.org](http://www.alzncal.org)

John XXIII Multi-Service Center  
(408) 282-8608 Vietnamese Program  
(408) 282-8669 Chinese Program

Self-Help For the Elderly  
(415) 677-7589 Chinese Program

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“Thank you for all the help and support that you provided to my mother and our family...you supplied us with much information about dementia and how to deal with it.” -Caregiver