



Evidence-Based Disease and Disability Prevention Program & Recovery Act Chronic Disease Self-Management Program

Connecticut State Profile

The Evidence-Based Disease and Disability Prevention Program increases older adults' access to effective interventions that helps to reduce their risk of disease, injury, and disability. In 2010, the Recovery Act Chronic Disease Self-Management Program expanded state-led partnerships involving the aging and public health networks to implement evidence-based prevention programs at the community level that help older adults better manage their chronic diseases. This profile provides a brief synopsis of how each state and community organizations are delivering evidence-based prevention programs to meet the needs of the older adults and communities they serve.

The Evidence-Based Disease and Disability Prevention Program grant and the Recovery Act Chronic Disease Self-Management Program grant were awarded to the State of Connecticut, Department of Social Services. These programs are offered in collaboration with the Connecticut Department of Public Health.

If you would like to learn more about evidence-based programs offered in your area, please contact:

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Evidence-Based Programs Offered

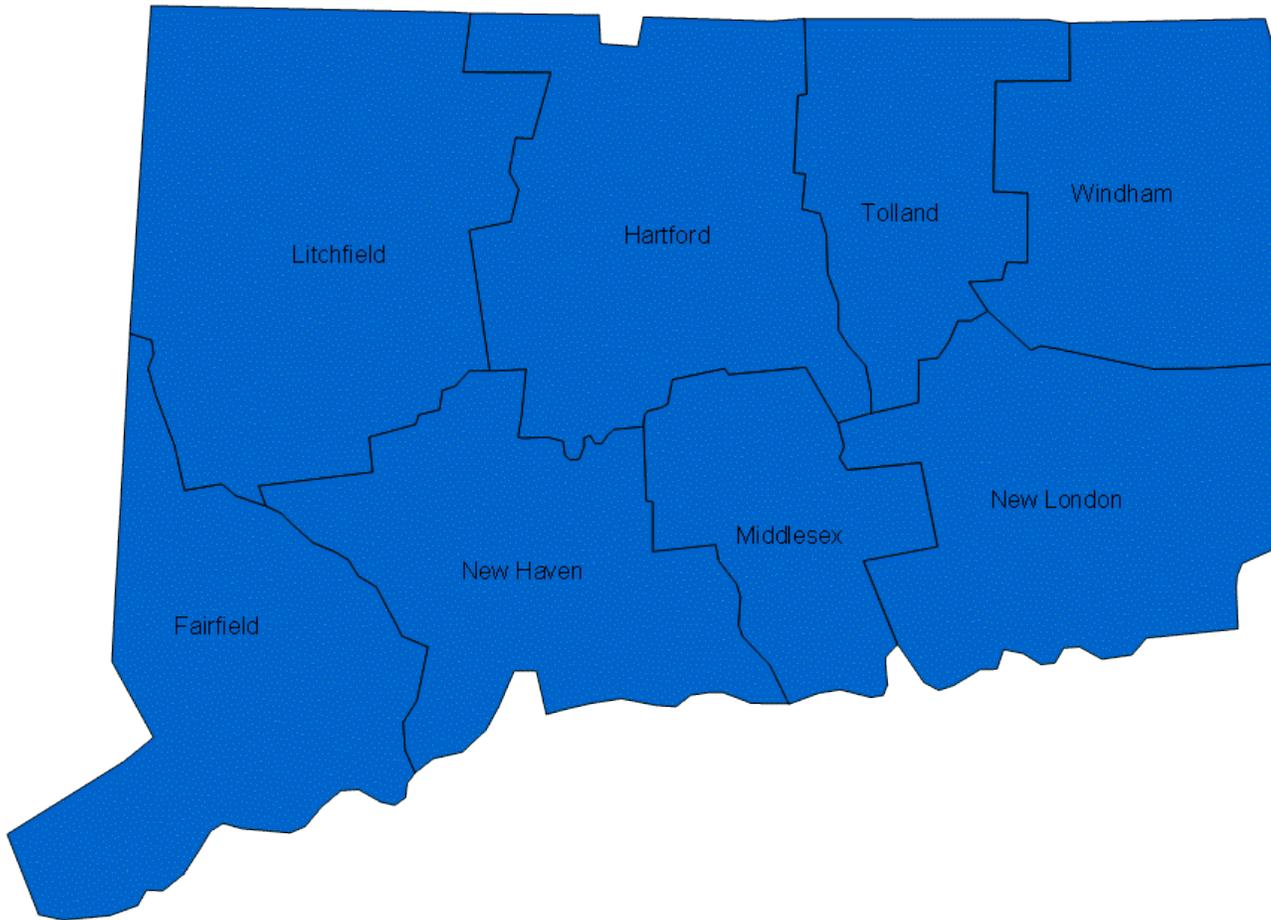
- Chronic Disease Self-Management Program (CDSMP)
- Step by Step

Statewide Program Reach (as of September 30, 2011)

Program Name	Number of Implementation Sites	Number of Program Participants
CDSMP	65	775
Step by Step	28	172

- Programs are offered in settings such as Area Agencies on Aging, educational institutions, faith-based organizations, multi-purpose social services organizations, residential facilities, hospitals and public health agencies, and senior centers.

Counties Offering Evidence-Based Programs



To find out more information about the state's Evidence-Based Disease and Disability Prevention Program grant and the state's Recovery Act Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant, contact:

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Funding for these grants is provided by the U.S. Administration on Aging and the American Recovery and Reinvestment Act of 2009.