



Evidence-Based Disease and Disability Prevention Program & Recovery Act Chronic Disease Self-Management Program

Colorado State Profile

The Evidence-Based Disease and Disability Prevention Program increases older adults' access to effective interventions that helps to reduce their risk of disease, injury, and disability. In 2010, the Recovery Act Chronic Disease Self-Management Program expanded state-led partnerships involving the aging and public health networks to implement evidence-based prevention programs at the community level that help older adults better manage their chronic diseases. This profile provides a brief synopsis of how each state and community organizations are delivering evidence-based prevention programs to meet the needs of the older adults and communities they serve.

The Evidence-Based Disease and Disability Prevention Program grant and the Recovery Act Chronic Disease Self-Management Program grant were awarded to the Colorado Department of Public Health & Environment, Chronic Disease Prevention Branch, Prevention Services Division. These programs are offered in collaboration with Colorado Department of Human Services, Division of Aging and Adult Services, State Unit on Aging.

If you would like to learn more about evidence-based programs offered in your area, please contact:

Laurie Scott
Colorado Department of Public Health & Environment
303-692-2604
laura.scott@state.co.us

Program Website: <http://www.cohealthsource.org>

Evidence-Based Programs Offered

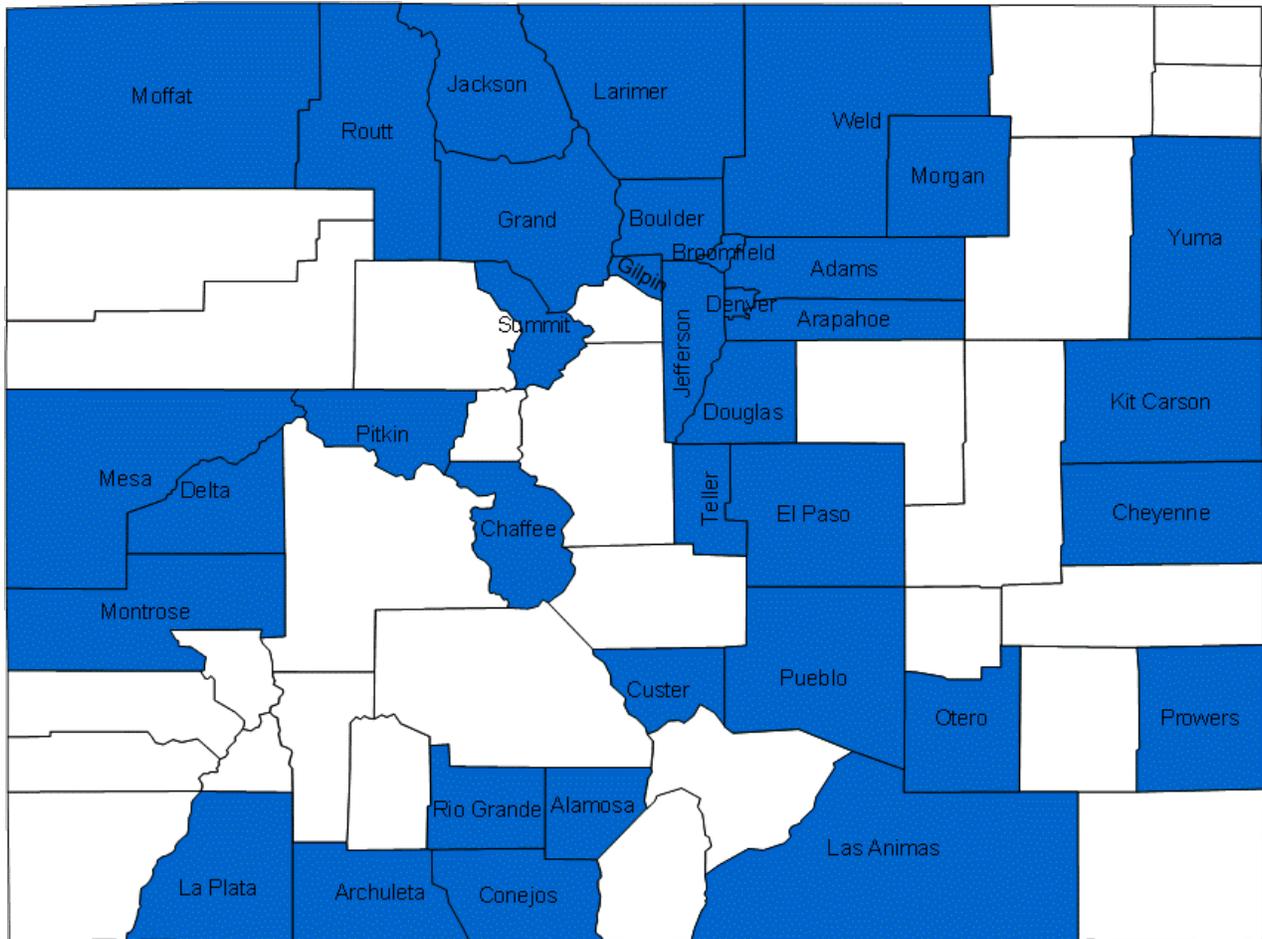
- Chronic Disease Self-Management Program (CDSMP)
- Tomando Control de su Salud (Spanish CDSMP)
- Diabetes Self-Management Program (DSMP)
- Tomando Control de su Diabetes (Spanish DSMP)

Statewide Program Reach (As of September 30, 2011)

Program Name	Number of Implementation Sites	Number of Program Participants
CDSMP & DSMP	152	2,072

- Programs are offered in settings such as residential facilities, multipurpose social service organizations and health care organizations.

Counties Offering Evidence-Based Programs



To find out more information about the state's Evidence-Based Disease and Disability Prevention Program grant and the state's Recovery Act Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant, contact:

Michelle Hansen, MS, RD, CDE
Director, Self-Management Services Unit
4300 Cherry Creek Dr South
Denver, CO 80246-1530
303-692-2577
mmhansen@smtpgate.dphe.state.co.us

Funding for these grants is provided by the U.S. Administration on Aging
and the American Recovery and Reinvestment Act of 2009.