



AoA Evidence-Based Disease and Disability Prevention Program

Idaho State Profile

The Evidence-Based Disease and Disability Prevention Program was designed to expand seniors' access to effective interventions in the effort to reduce their risk of disease, injury, and disability. This profile provides a brief synopsis of how states and leading community aging provider organizations have tailored evidence-based health promotion programs to meet the needs of the older adult communities they serve.

Lead Organization: Idaho Department of Health & Welfare

State Unit on Aging: Idaho Commission on Aging

Project Title: Idaho Project LIFE – Lifestyle Interventions for the Elderly

Project Period: June 1, 2007 to May 31, 2010

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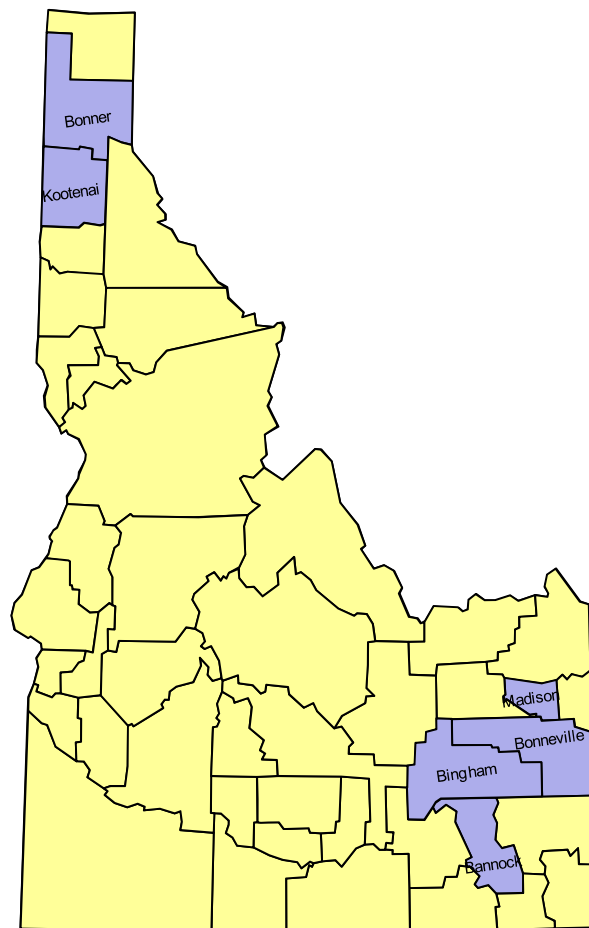
Evidence-Based Programs Offered

- Chronic Disease Self-Management Program (CDSMP)

Trainer and Leader Capacity by Program (as of December 2007)

- Chronic Disease Self-Management Program: 3 Master Trainers

Counties Offering Evidence-Based Programs



Number and Types of Implementation Sites

- Chronic Disease Self-Management Program: 13 sites
 - Senior centers and residential facility

Participants by Program (through November 30, 2008)

- Chronic Disease Self-Management Program: 244 enrolled; 74% completed the course

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