



Evidence-Based Disease and Disability Prevention Program & Recovery Act Chronic Disease Self-Management Program

Hawaii State Profile

The Evidence-Based Disease and Disability Prevention Program increases older adults' access to effective interventions that helps to reduce their risk of disease, injury, and disability. In 2010, the Recovery Act Chronic Disease Self-Management Program expanded state-led partnerships involving the aging and public health networks to implement evidence-based prevention programs at the community level that help older adults better manage their chronic diseases. This profile provides a brief synopsis of how each state and community organizations are delivering evidence-based prevention programs to meet the needs of the older adults and communities they serve.

The Evidence-Based Disease and Disability Prevention Program grant and the Recovery Act Chronic Disease Self-Management Program grant were awarded to the Hawaii Executive Office on Aging. These programs are offered in collaboration with the Hawaii Department of Health.

If you would like to learn more about evidence-based programs offered in your area, please contact:

Elizabeth Meahl
Executive Office on Aging
808-535-1327
elmeahl@alulike.org

Program Website: <http://www.hawaiiadrc.org>

Evidence-Based Programs Offered

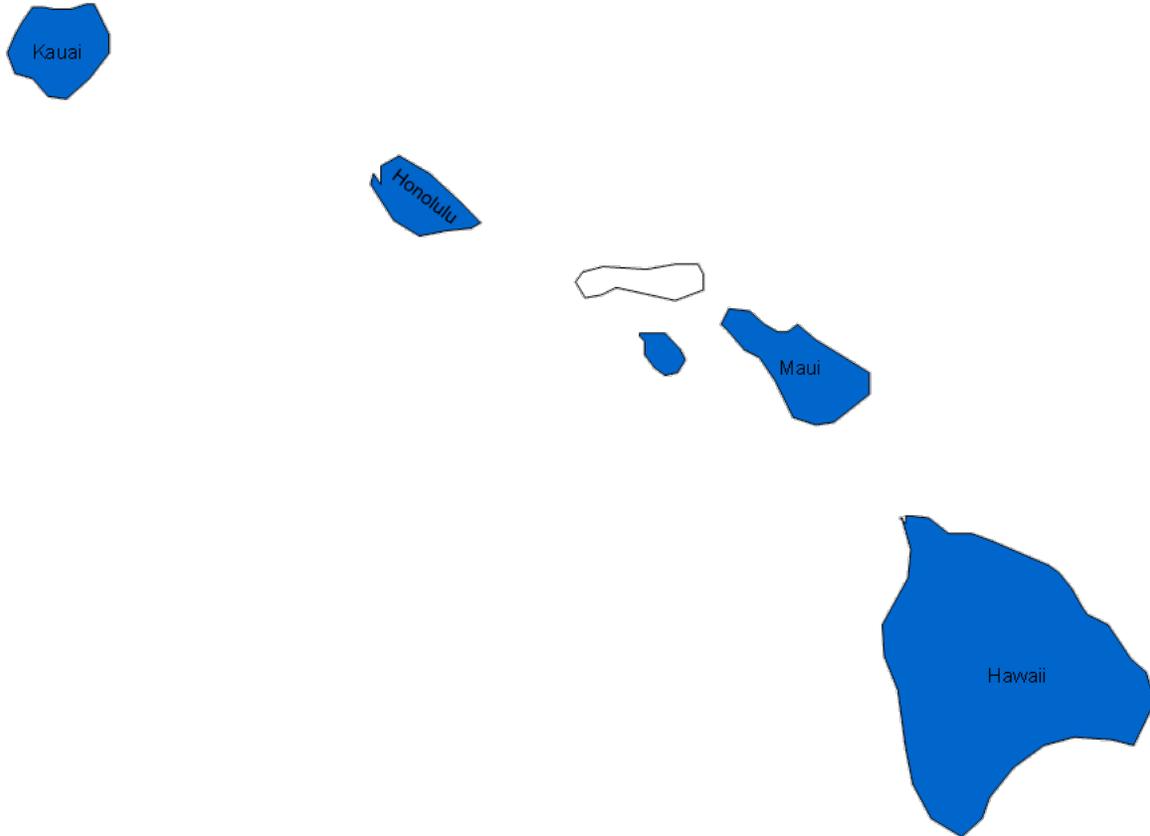
- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)
- EnhanceFitness

Statewide Program Reach (as of September 30, 2011)

Program Name	Number of Implementation Sites	Number of Program Participants
CDSMP & DSMP	85	1,134
EnhanceFitness	10	322

- Programs are offered in settings such as senior centers, healthcare organizations, residential facilities, and faith-based organizations.

Counties Offering Evidence-Based Programs



To find out more information about the state's Evidence-Based Disease and Disability Prevention Program grant and the state's Recovery Act Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant, contact:

Caroline Cadirao
Grants Manager
Executive Office on Aging
250 South Hotel Street Suite 406
Honolulu, Hawaii 96813
Phone: 808- 586-7267
Email: caroline.cadirao@doh.hawaii.gov

Funding for these grants is provided by the U.S. Administration on Aging
and the American Recovery and Reinvestment Act of 2009.