



Recovery Act Chronic Disease Self-Management Program

Washington, DC Profile

The Evidence-Based Disease and Disability Prevention Program increases older adults' access to effective interventions that helps to reduce their risk of disease, injury, and disability. In 2010, the Recovery Act Chronic Disease Self-Management Program expanded state-led partnerships involving the aging and public health networks to implement evidence-based prevention programs at the community level that help older adults better manage their chronic diseases. This profile provides a brief synopsis of how each state and community organizations are delivering evidence-based prevention programs to meet the needs of the older adults and communities they serve.

The Recovery Act Chronic Disease Self-Management Program grant was awarded to the District of Columbia, Office on Aging.

If you would like to learn more about evidence-based programs offered in your area, please contact:

Gwendolyn Noonan-Jones
District of Columbia Office on Aging
202-535-1444
gwendolyn.noonan-jones@dc.gov

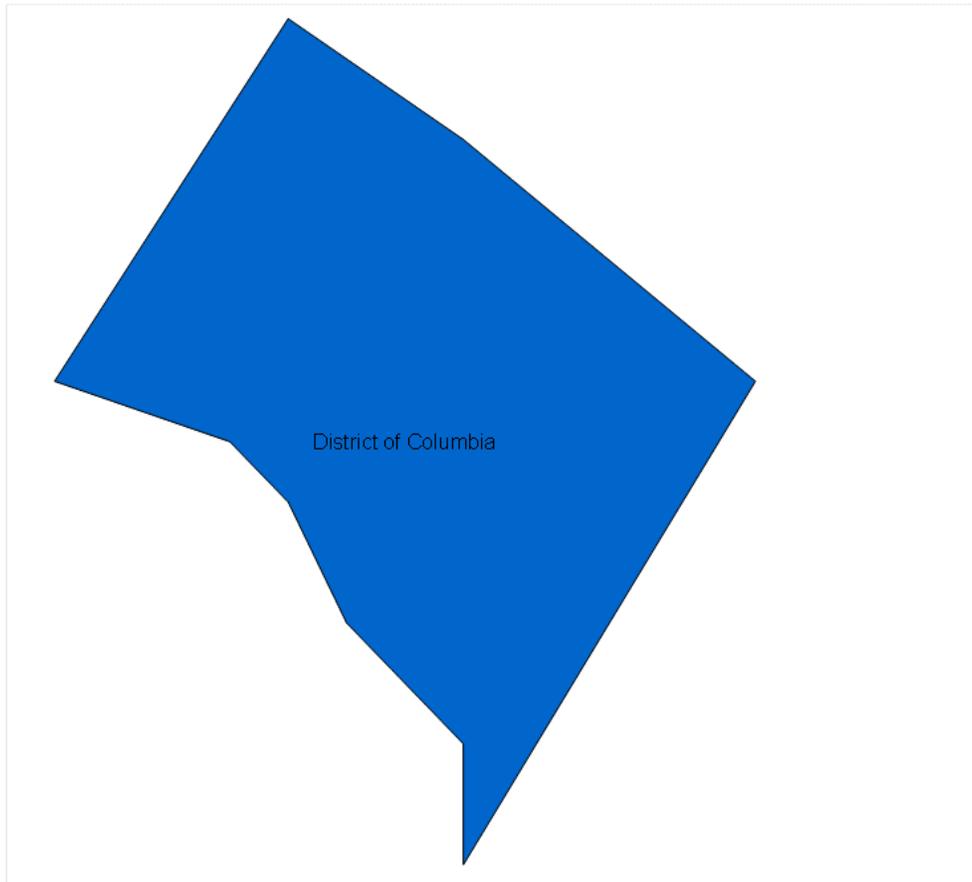
Evidence-Based Programs Offered

- Diabetes Self-Management Program (DSMP)

Statewide Program Reach (March 31, 2010 to September 30, 2011)

Program Name	Number of Implementation Sites	Number of Program Participants
DSMP	12	134

Programs are offered in settings such as senior wellness centers and senior retirement communities.



To find out more information about the state's Recovery Act Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant, contact:

Chantelle Teasdell, Ph.D.
District of Columbia Office on Aging
202-535-1367
chantelle.teasdell@dc.gov

Funding for this grant is provided by the American Recovery and Reinvestment Act of 2009.