

Community Living Program Grants

State Agency: New Hampshire Department of Health and Human Services

Project Title: Expand Statewide the consumer directed model

Project Period: September 30, 2009 to September 30, 2011

Contact:

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Project Abstract:

The New Hampshire Bureau of Elderly and Adult Services (BEAS), in partnership with the Institute on Disability at UNH (IOD), proposes to actualize the transformation of caregiver support services in New Hampshire, by expanding the Transitions in Caregiving Program statewide. Transitions in Caregiving (TIC) is a consumer-directed model that supports informal caregivers caring for older adults at risk of placement in a nursing facility and ultimately spend down to Medicaid. TIC is currently being implemented in 7 regions of the state through the ServiceLink Aging and Disability Resource Centers (SLRC's) utilizing funding from previous NHDM grants and a Weinberg Foundation grant. The **goal** of this proposal is to actualize the transformation of the caregiver support program from a centralized, state-managed model into a flexible, consumer-directed model managed at the local level through the SLRC's and implement it statewide.

Objectives:

- 1) Expand the infrastructure established under the initial NHDM project statewide;
- 2) Provide a comprehensive array of supports to family caregivers and train professional staff in the consumer directed model;
- 3) Pilot the model in one region with veterans at risk of nursing home placement;
- 4) Educate legislators and submit legislation to sustain the TIC program; and
- 5) Evaluate the efficacy of the program.

Expected Outcomes:

- 1) NH's successful TIC project will be implemented statewide with secured funding; and
- 2) Services to veterans, under the Veteran's Directed Home and Community Based Care (VD-HCBS) model, will be included in the TIC model.

Anticipated products include: an evaluation; a final report; informational materials; participant and staff manuals; and a sustainable statewide consumer-directed family caregiver support model.