

Lifespan Respite Care Program

Project Summary

Grantee Organization: Department of Social and Health Services

State: Washington State

Project Period: September 1, 2010 to August 31, 2013

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Project Overview:

The Aging and Disability Services Administration (ADSA) of Washington State supports and partners with the Respite and Crisis Care Coalition of Washington (RCCCWA) in a three-year project to build a statewide lifespan respite care system. The **goal** of the project is to build, strengthen, and expand a sustainable statewide Lifespan Respite Care system and ensure that information is available to caregivers so that respite becomes more available and accessible to family caregivers throughout Washington State.

Project **objectives** are: 1) build the capacity of RCCCWA through new and existing partnerships; 2) provide information to caregivers to give them the skills and confidence to recruit, hire, and work with respite providers; 3) collaborate on a statewide volunteer respite model for the recruitment, training, support and retention of volunteer respite providers; 4) develop outreach strategies for caregivers, agencies, and the general public to inform them about the single point of entry for inquiries about respite care; and 5) work in partnership with a variety of community agencies to provide additional respite care options to caregivers.

Outcomes and Products:

Anticipated **outcomes** include: 1) family caregivers in Washington State will have an increased awareness of the availability of respite care; and 2) family caregivers in Washington State will have increased access to respite services.

Products include a website and 1-800 number providing a single point of entry for caregivers seeking respite services; outreach materials in multiple languages about the range of respite care available; a booklet in multiple languages for caregivers on hiring and working with a respite provider; and a final report, including “lessons learned” and an evaluation of the project’s work.