

**Aging and Disability Resource Centers
Implementing the Affordable Care Act:
Making it Easier for Individuals to Navigate Their Health and Long-Term Care through
Person-Centered Systems of Information, Counseling and Access
Evidence Based Care Transition Program**

State Agency: Texas Department of Aging and Disability Services

Name of ADRC and Healthcare Partners:

Central Texas ADRC, Texas Medical Foundation Healthcare Quality Institute (QIO), Scott & White Healthcare, and Metroplex Hospital

Project Period: September 30, 2010 to September 30, 2012

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Evidence Based Care Transitions Model: Care Transitions InterventionSM

Project Summary:

As a Community Living Program (CLP) contractor for the Texas Department of Aging and Disability Services (DADS), the Central Texas Aging and Disability Resource Center (Central Texas ADRC) and its partner Scott & White Healthcare (S&WH) have provided the Care Transitions InterventionSM (CTI) to eligible CLP consumers and patients at S&WH since October 2008.

Goal/Objectives:

DADS proposes to use this grant funding to significantly increase patient access to CTI in Central Texas, as well as foster a long-term plan for dissemination of CTI across Texas' eight additional ADRCs by: expanding access to CTI in the Central Texas region to a larger, more diverse group of older adults (and their family caregivers) at S&WH, and implementing CTI at a second hospital (Metroplex Hospital, Killeen, Texas); providing CTI training to Central Texas ADRC partner agencies to increase the number of certified transition coaches who will provide CTI to a broader, more diverse population of consumers and family caregivers; and conducting CTI training for the statewide network of Texas ADRCs, including best practice strategies and tools for CTI implementation.

DADS will support this expansion project by: (1) strengthening its partnership with the Texas Quality Improvement Organization (Texas Medical Foundation Health Quality Institute) to promote connections between Texas ADRCs and their local hospital systems, (2) facilitating training and implementation opportunities for CTI across the Texas ADRC network, and (3) supporting hospital re-admission rate data collection efforts in order to promote the adoption of CTI by hospitals partners in existing ADRC regions.