



Caregiving

Shopping. Meals. Transportation.
Help with dressing.

When the **elderly** need help,
family and friends step in.

But providing care is a
huge commitment.

The good news is,
there's help.

The National Family
Caregiver Support Program
puts **caregivers** in touch
with the services they need.

For information, call your local
Area Agency on Aging.

Or contact the
Eldercare Locator
at 1-800-677-1116,
www.eldercare.gov.



The National Family Caregiver Support Program
Caring for the caregivers.



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