

Wyoming Center on Aging Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Develop or expand capacity to significantly increase the number of older adults and adults with disabilities, particularly those in underserved areas/populations, who participate in evidence-based chronic disease self-management education and self-management support programs to empower them to better manage their chronic conditions.
- **Goal 2:** Enhance the sustainability of evidence-based chronic disease self-management education and self-management support programs through the implementation of robust sustainability strategies.

Strategies and Activities

The Wyoming Center on Aging (WyCOA) and its partners will:

- Engage older adults and adults with disabilities in evidence-based chronic disease self-management education

and self-management support programs across Wyoming.

- Implement new revenue arrangements to sustain these programs.
- Enhance and create new partnerships through the Healthier Wyoming Network to achieve the goal of an integrated sustainable evidence-based chronic disease prevention program network.
- Develop a partnership with Wyoming Cancer Resource Services to refer to and deliver Cancer: Thriving and Surviving.

Proposed Interventions

- Cancer: Thriving and Surviving
- Chronic Disease Self-Management Program (CDSMP)
- On The Move

Partnerships

To achieve the goals of the grant, WyCOA will collaborate with the following key partners:

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- Eastern Shoshone Tribal Health
- Wyoming Cancer Resource Services
- Wyoming Department of Health, Aging Division
- Wyoming Department of Health, Public Health Division

- Implement the On the Move program in 3 high-need counties delivering to 180 participants.
- Achieve a 75% completion rate in all CDSME and SMSP.
- Develop and disseminate a public marketing campaign that reaches 35,000 Wyoming residents.

Anticipated Results

WyCOA and its partners propose to achieve the following results:

- Engage 518 participants in CDSMP while expanding access across all 23 Wyoming counties.
- Implement Cancer: Thriving and Surviving in all 7 of Wyoming’s Cancer Health Districts and deliver the intervention to 130 participants.

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