

**Aging and Disability Resource Centers  
Implementing the Affordable Care Act:  
Making it Easier for Individuals to Navigate Their Health and Long-Term Care through  
Person-Centered Systems of Information, Counseling and Access  
Evidence Based Care Transition Program**

**State Agency:** Florida Department of Elder Affairs

**Name of ADRCs and Healthcare Partners:**

Senior Resource Alliance and Florida Hospital's Orlando, Winter Park, East Orlando, Altamonte Springs, Celebration, and Kissimmee facilities.

**Project Period:** September 30, 2010 to September 30, 2012

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**Evidence Based Care Transitions Model:** Care Transitions Intervention<sup>SM</sup>

**Project Summary:**

The Florida Department of Elder Affairs, the designated State Unit on Aging, proposes to employ grant funding to expand the existing Evidence-Based Care Transitions Intervention (CTI) model of E.A. Coleman, MD, MPH, and associates, in Planning and Service Area (PSA) 7 (Metro Orlando and surrounding areas). The project will operate in Orange, Osceola and Seminole counties. Key project partners will be the Senior Resource Alliance, the designated PSA 7 Area Agency on Aging and ADRC, and Florida Hospital. The Alliance administers the current CTI program in three Florida Hospital community facilities.

**Goal/Objectives:**

The goal of the proposed project is to expand program services to three additional facilities, for a total of six project sites.

**Anticipated Outcomes/Results:**

The project outcome is to demonstrate the capacity of the CTI project to reduce the incidence of re-hospitalizations of project patients as compared with Florida Hospital discharges of patients who do not participate in the project. Project objectives are producing key grant deliverables, ensuring program quality, effectively using ADRC assets, increasing CTI effectiveness through home and community-based services and expanding the project to new sites. The project targets Medicare patients age 60 and older identified as most at risk of hospital readmission. The current CTI program and proposed project supplement CTI model services with the provision of home and community-based services to support elders in their homes during a 30-day recovery period without the need to meet financial eligibility requirements or service availability/waiting-list issues. The project's planned output for the two-year grant period is 720 enrollments. Project products will include an evaluation plan, formal evaluation tools, improved project database and semi-annual/final reports.